

SUNDAY
ASSEMBLY

REFLECTION HAPPINESS
ENERGY POETRY CREATIVITY
COMMUNITY LAUGHTER MINDFULNESS
FUN INCLUSIVITY FRIENDSHIP
CAKES SCIENCE TECHNOLOGY DANCING
SINGING NATURE THINKING DIVERSITY
KINDNESS CELEBRATION PLAY



LIVE BETTER HELP OFTEN WONDER MORE

Sunday Assembly Reading is a secular group that celebrates life through music, ideas and community outreach. Each assembly has a theme, with songs, readings, and a TED-style talk - plus time to make friends and socialise over tea and cakes.

We also run regular meetups for a variety of social activities.

"A community centred on people, not religion."

"We won't tell you how to live, but we'll help you do it as best you can."

"An excellent way to discover new friends!"



www.sundayassemblyreading.uk



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Join us for the Assembly on the third Sunday of each month at the Reading Irish Centre, 96 -104 Chatham Street, RG1 7HT. Doors open 10:30am for 11:00am. Admission free!